

Psalms 119:1-176 ESV

Blessed are those whose way is blameless, who walk in the law of the LORD! 2 Blessed are those who keep His testimonies, who seek him with their whole heart, 3 who also do no wrong, but walk in His ways!

4 You have commanded Your precepts to be kept diligently. 5 Oh that my ways may be steadfast in keeping Your statutes! 6 Then I shall not be put to shame, having my eyes fixed on all Your commandments.

7 I will praise you with an upright heart, when I learn Your righteous rules. 8 I will keep Your statutes; do not utterly forsake me! 9 How can a young man keep his way pure? By guarding it according to Your word. 10 With my whole heart I seek you; let me not wander from Your commandments! 11 I have stored up Your word in my heart, that I might not sin against you.

12 Blessed are You, O LORD; teach me Your statutes! 13 With my lips I declare all the rules of Your mouth. 14 In the way of Your testimonies I delight as much as in all riches. 15 I will meditate on Your precepts and fix my eyes on Your ways. 16 I will delight in Your statutes; I will not forget Your word.

17 Deal bountifully with Your servant, that I may live and keep Your word. 18 Open my eyes, that I may behold wondrous things out of Your law. 19 I am a sojourner on the earth; hide not Your commandments from me! 20 My soul is consumed with longing for Your rules at all times. 21 You rebuke the

insolent, accursed ones, who wander from Your commandments.
22 Take away from me scorn and contempt, for I have kept
Your testimonies.

23 Even though princes sit plotting against me, Your servant
will meditate on Your statutes. 24 Your testimonies are my
delight; they are my counselors. 25 My soul clings to the dust;
give me life according to Your word! 26 When I told of my
ways, You answered me; teach me Your statutes! 27 Make me
understand the way of Your precepts, and I will meditate on
Your wondrous works.

28 My soul melts away for sorrow; strengthen me according to
Your word! 29 Put false ways far from me and graciously teach
me Your law! 30 I have chosen the way of faithfulness; I set
Your rules before me. 31 I cling to Your testimonies, O LORD;
let me not be put to shame!

32 I will run in the way of Your commandments when You
enlarge my heart! 33 Teach me, O LORD, the way of Your
statutes; and I will keep it to the end. 34 Give me understanding,
that I may keep Your law and observe it with my whole heart.
35 Lead me in the path of Your commandments, for I delight in
it.

36 Incline my heart to Your testimonies, and not to selfish gain!
37 Turn my eyes from looking at worthless things; and give me
life in Your ways. 38 Confirm to Your servant Your promise,
that You may be feared. 39 Turn away the reproach that I dread,
for Your rules are good. 40 Behold, I long for Your precepts; in
Your righteousness give me life! 41 Let Your steadfast love

come to me, O LORD, Your salvation according to Your promise; 42 then shall I have an answer for him who taunts me, for I trust in Your word.

43 And take not the word of truth utterly out of my mouth, for my hope is in Your rules. 44 I will keep Your law continually, forever and ever, 45 and I shall walk in a wide place, for I have sought Your precepts. 46 I will also speak of Your testimonies before kings and shall not be put to shame, 47 for I find my delight in Your commandments, which I love. 48 I will lift up my hands toward Your commandments, which I love, and I will meditate on Your statutes.

49 Remember Your word to Your servant, in which you have made me hope. 50 This is my comfort in my affliction, that Your promise gives me life. 51 The insolent utterly deride me, but I do not turn away from Your law. 52 When I think of Your rules from of old, I take comfort, O LORD.

53 Hot indignation seizes me because of the wicked, who forsake Your law. 54 Your statutes have been my songs in the house of my sojourning. 55 I remember Your name in the night, O LORD, and keep Your law. 56 This blessing has fallen to me, that I have kept Your precepts.

57 The LORD is my portion; I promise to keep Your words. 58 I entreat Your favor with all my heart; be gracious to me according to Your promise. 59 When I think on my ways, I turn my feet to Your testimonies; 60 I hasten and do not delay to keep Your commandments.

61 Though the cords of the wicked ensnare me, I do not forget Your law. 62 At midnight I rise to praise You, because of Your righteous rules. 63 I am a companion of all who fear You, of those who keep Your precepts.

64 The earth, O LORD, is full of Your steadfast love; teach me Your statutes! 65 You have dealt well with Your servant, O LORD, according to Your word. 66 Teach me good judgment and knowledge, for I believe in Your commandments.

67 Before I was afflicted I went astray, but now I keep Your word. 68 You are good and do good; teach me Your statutes. 69 The insolent smear me with lies, but with my whole heart I keep Your precepts; 70 their heart is unfeeling like fat, but I delight in Your law. 71 It is good for me that I was afflicted, that I might learn Your statutes.

72 The law of Your mouth is better to me than thousands of gold and silver pieces. 73 Your hands have made and fashioned me; give me understanding that I may learn Your commandments.

74 Those who fear You shall see me and rejoice, because I have hoped in Your word. 75 I know, O LORD, that Your rules are righteous, and that in faithfulness You have afflicted me. 76 Let Your steadfast love comfort me according to Your promise to Your servant. 77 Let Your mercy come to me, that I may live; for Your law is my delight.

78 Let the insolent be put to shame, because they have wronged me with falsehood; as for me, I will meditate on Your precepts. 79 Let those who fear You turn to me, that they may know Your

testimonies. 80 May my heart be blameless in Your statutes, that I may not be put to shame!

81 My soul longs for Your salvation; I hope in Your word. 82 My eyes long for Your promise; I ask, "When will you comfort me?" 83 For I have become like a wineskin in the smoke, yet I have not forgotten Your statutes.

84 How long must Your servant endure? When will you judge those who persecute me? 85 The insolent have dug pitfalls for me; they do not live according to Your law. 86 All Your commandments are sure; they persecute me with falsehood; help me! 87 They have almost made an end of me on earth, but I have not forsaken Your precepts.

88 In Your steadfast love give me life, that I may keep the testimonies of Your mouth. 89 Forever, O LORD, Your word is firmly fixed in the heavens. 90 Your faithfulness endures to all generations; you have established the earth, and it stands fast. 91 By Your appointment they stand this day, for all things are Your servants.

92 If Your law had not been my delight, I would have perished in my affliction. 93 I will never forget Your precepts, for by them you have given me life. 94 I am yours; save me, for I have sought Your precepts.

95 The wicked lie in wait to destroy me, but I consider Your testimonies. 96 I have seen a limit to all perfection, but Your commandment is exceedingly broad. 97 Oh how I love Your

law! It is my meditation all the day. 98 Your commandment makes me wiser than my enemies, for it is ever with me.

99 I have more understanding than all my teachers, for Your testimonies are my meditation. 100 I understand more than the aged, for I keep Your precepts. 101 I hold back my feet from every evil way, in order to keep Your word. 102 I do not turn aside from Your rules, for You have taught me.

103 How sweet are Your words to my taste, sweeter than honey to my mouth! 104 Through Your precepts I get understanding; therefore I hate every false way. 105 *Your word is a lamp to my feet and a light to my path.* 106 I have sworn an oath and confirmed it, to keep Your righteous rules. 107 I am severely afflicted; give me life, O LORD, according to Your word!

108 Accept my freewill offerings of praise, O LORD, and teach me Your rules. 109 I hold my life in my hand continually, but I do not forget Your law. 110 The wicked have laid a snare for me, but I do not stray from Your precepts.

111 Your testimonies are my heritage forever, for they are the joy of my heart. 112 I incline my heart to perform Your statutes forever, to the end. 113 I hate the double-minded, but I love Your law. 114 You are my hiding place and my shield; I hope in Your word.

115 Depart from me, you evildoers, that I may keep the commandments of my God. 116 Uphold me according to Your promise, that I may live, and let me not be put to shame in my

hope! 117 Hold me up, that I may be safe and have regard for Your statutes continually!

118 You spurn all who go astray from Your statutes, for their cunning is in vain. 119 All the wicked of the earth you discard like dross, therefore I love Your testimonies. 120 My flesh trembles for fear of You, and I am afraid of Your judgments. 121 I have done what is just and right; do not leave me to my oppressors. 122 Give Your servant a pledge of good; let not the insolent oppress me.

123 My eyes long for Your salvation and for the fulfillment of Your righteous promise. 124 Deal with Your servant according to Your steadfast love, and teach me Your statutes. 125 I am Your servant; give me understanding, that I may know Your testimonies!

126 It is time for the LORD to act, for Your law has been broken. 127 Therefore I love Your commandments above gold, above fine gold. 128 Therefore I consider all Your precepts to be right; I hate every false way.

129 Your testimonies are wonderful; therefore my soul keeps them. 130 The unfolding of Your words gives light; it imparts understanding to the simple. 131 I open my mouth and pant, because I long for Your commandments. 132 Turn to me and be gracious to me, as is Your way with those who love Your name.

133 Keep steady my steps according to Your promise, and let no iniquity get dominion over me. 134 Redeem me from man's

oppression, that I may keep Your precepts. 135 Make Your face shine upon Your servant, and teach me Your statutes.

136 My eyes shed streams of tears, because people do not keep Your law. 137 Righteous are you, O LORD, and right are Your rules.

138 You have appointed Your testimonies in righteousness and in all faithfulness. 139 My zeal consumes me, because my foes forget Your words. 140 Your promise is well tried, and Your servant loves it. 141 I am small and despised, yet I do not forget Your precepts.

142 Your righteousness is righteous forever, and Your law is true. 143 Trouble and anguish have found me out, but Your commandments are my delight. 144 Your testimonies are righteous forever; give me understanding that I may live.

145 With my whole heart I cry; answer me, O LORD! I will keep Your statutes. 146 I call to You; save me, that I may observe Your testimonies. 147 I rise before dawn and cry for help; I hope in Your words. 148 My eyes are awake before the watches of the night, that I may meditate on Your promise. 149 Hear my voice according to Your steadfast love; O LORD, according to Your justice give me life.

150 They draw near who persecute me with evil purpose; they are far from Your law. 151 But you are near, O LORD, and all Your commandments are true. 152 Long have I known from Your testimonies that you have founded them forever. 153 Look on my affliction and deliver me, for I do not forget Your law.

154 Plead my cause and redeem me; give me life according to Your promise!

155 Salvation is far from the wicked, for they do not seek Your statutes. 156 Great is Your mercy, O LORD; give me life according to Your rules. 157 Many are my persecutors and my adversaries, but I do not swerve from Your testimonies. 158 I look at the faithless with disgust, because they do not keep Your commands.

159 Consider how I love Your precepts! Give me life according to Your steadfast love. 160 The sum of Your word is truth, and every one of Your righteous rules endures forever.

161 Princes persecute me without cause, but my heart stands in awe of Your words. 162 I rejoice at Your word like one who finds great spoil. 163 I hate and abhor falsehood, but I love Your law. 164 Seven times a day I praise you for Your righteous rules. 165 Great peace have those who love Your law; nothing can make them stumble. 166 I hope for Your salvation, O LORD, and I do Your commandments.

167 My soul keeps Your testimonies; I love them exceedingly. 168 I keep Your precepts and testimonies, for all my ways are before you. 169 Let my cry come before you, O LORD; give me understanding according to Your word! 170 Let my plea come before You; deliver me according to Your word.

171 My lips will pour forth praise, for You teach me Your statutes. 172 My tongue will sing of Your word, for all Your commandments are right. 173 Let Your hand be ready to help

me, for I have chosen Your precepts. 174 I long for Your salvation, O LORD, and Your law is my delight.

175 Let my soul live and praise you, and let Your rules help me.
176 I have gone astray like a lost sheep; seek Your servant, for I do not forget Your commandments.

Psalms 120:1-7 ESV - A Song of Ascents.

In my distress I called to the LORD, and He answered me. 2
Deliver me, O LORD, from lying lips, from a deceitful tongue. 3
What shall be given to you, and what more shall be done to you,
you deceitful tongue?

4 A warrior's sharp arrows, with glowing coals of the broom
tree! 5 Woe to me, that I sojourn in Meshech, that I dwell among
the tents of Kedar!

6 Too long have I had my dwelling among those who hate
peace. 7 I am for peace, but when I speak, they are for war!

Psalms 121:1-8 ESV - A Song of Ascents.

I lift up my eyes to the hills. From where does my help come? 2
My help comes from the LORD, who made heaven and earth. 3
He will not let Your foot be moved; He who keeps you will not
slumber. 4 Behold, He who keeps Israel will neither slumber nor
sleep.

5 The LORD is Your keeper; the LORD is Your shade on Your
right hand. 6 The sun shall not strike you by day, nor the moon

by night. 7 The LORD will keep you from all evil; He will keep Your life. 8 The LORD will keep your going out and your coming in from this time forth and forevermore.

Psalms 122:1-9 ESV - A Song of Ascents. Of David.

I was glad when they said to me, "Let us go to the house of the LORD!" 2 Our feet have been standing within your gates, O Jerusalem! 3 Jerusalem--built as a city that is bound firmly together, 4 to which the tribes go up, the tribes of the LORD, as was decreed for Israel, to give thanks to the name of the LORD. 5 There thrones for judgment were set, the thrones of the house of David.

6 Pray for the peace of Jerusalem! "May they be secure who love you! 7 Peace be within your walls and security within your towers!"

8 For my brothers and companions' sake I will say, "Peace be within you!" 9 For the sake of the house of the LORD our God, I will seek your good.

Psalms 123:1-4 ESV - A Song of Ascents.

To You I lift up my eyes, O You who are enthroned in the heavens! 2 Behold, as the eyes of servants look to the hand of their master, as the eyes of a maidservant to the hand of her mistress, so our eyes look to the LORD our God, till He has mercy upon us.

3 Have mercy upon us, O LORD, have mercy upon us, for we have had more than enough of contempt. 4 Our soul has had more than enough of the scorn of those who are at ease, of the contempt of the proud.

Psalms 124:1-8 ESV - A Song of Ascents. Of David.

If it had not been the LORD who was on our side-- let Israel now say-- 2 if it had not been the LORD who was on our side when people rose up against us, 3 then they would have swallowed us up alive, when their anger was kindled against us; 4 then the flood would have swept us away, the torrent would have gone over us; 5 then over us would have gone the raging waters.

6 Blessed be the LORD, who has not given us as prey to their teeth! 7 We have escaped like a bird from the snare of the fowlers; the snare is broken, and we have escaped! 8 Our help is in the name of the LORD, who made heaven and earth.

Psalms 125:1-5 ESV - A Song of Ascents.

Those who trust in the LORD are like Mount Zion, which cannot be moved, but abides forever. 2 As the mountains surround Jerusalem, so the LORD surrounds His people, from this time forth and forevermore.

3 For the scepter of wickedness shall not rest on the land allotted to the righteous, lest the righteous stretch out their hands to do wrong. 4 Do good, O LORD, to those who are good, and to those who are upright in their hearts! 5 But those who turn aside

to their crooked ways the LORD will lead away with evildoers!
Peace be upon Israel!

Psalms 126:1-6 ESV - A Song of Ascents.

When the LORD restored the fortunes of Zion, we were like those who dream. 2 Then our mouth was filled with laughter, and our tongue with shouts of joy; then they said among the nations, "The LORD has done great things for them." 3 The LORD has done great things for us; we are glad.

4 Restore our fortunes, O LORD, like streams in the Negeb! 5 Those who sow in tears shall reap with shouts of joy! 6 He who goes out weeping, bearing the seed for sowing, shall come home with shouts of joy, bringing his sheaves with him.

Psalms 127:1-5 ESV A Song of Ascents. Of Solomon.

Unless the LORD builds the house, those who build it labor in vain. Unless the LORD watches over the city, the watchman stays awake in vain.

2 It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for He gives to His beloved sleep.

3 Behold, children are a heritage from the LORD, the fruit of the womb a reward. 4 Like arrows in the hand of a warrior are the children of one's youth. 5 Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate.

Psalms 128:1-6 ESV - A Song of Ascents.

Blessed is everyone who fears the LORD, who walks in His ways! 2 You shall eat the fruit of the labor of your hands; you shall be blessed, and it shall be well with you. 3 Your wife will be like a fruitful vine within your house; your children will be like olive shoots around your table.

4 Behold, thus shall the man be blessed who fears the LORD. 5 The LORD bless you from Zion! May you see the prosperity of Jerusalem all the days of your life! 6 May you see your children's children! Peace be upon Israel!

Psalms 129:1-8 ESV - A Song of Ascents.

"Greatly have they afflicted me from my youth"-- let Israel now say-- 2 "Greatly have they afflicted me from my youth, yet they have not prevailed against me. 3 The plowers plowed upon my back; they made long their furrows." 4 The LORD is righteous; He has cut the cords of the wicked.

5 May all who hate Zion be put to shame and turned backward! 6 Let them be like the grass on the housetops, which withers before it grows up, 7 with which the reaper does not fill his hand nor the binder of sheaves his arms, 8 nor do those who pass by say, "The blessing of the LORD be upon you! We bless you in the name of the LORD!"