

Pentecost / Fifteenth Sunday of Pentecost

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Theme

- Old Testament - Moses commands obedience.
- New Testament - Put on the whole armor of God.
- Gospel - Traditions and Commandments.
- Psalm - Redeem me from man's oppression that I may keep your precepts.

Deuteronomy 4:1-2, 6-8

Moses Commands Obedience - 1 “And now, O Israel, listen to the statutes and the rules that I am teaching you, and do them, that you may live, and go in and take possession of the land that the Lord, the God of your fathers, is giving you. 2 You shall not add to the word that I command you, nor take from it, that you may keep the commandments of the Lord your God that I command you. 6 Keep them and do them, for that will be your wisdom and your understanding in the sight of the peoples, who, when they hear all these statutes, will say, ‘Surely this great nation is a wise and understanding people.’ 7 For what great nation is there that has a god so near to it as the Lord our God is to us, whenever we call upon him? 8 And what great nation is there, that has statutes and rules so righteous as all this law that I set before you today?

Ephesians 6:10-20

The Whole Armor of God - 10 Finally, be strong in the Lord and in the strength of his might. 11 Put on the whole armor of God, that you may be able to stand against the schemes of the devil. 12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

Mark 7:1-8, 21-23

Traditions and Commandments - 1 Now when the Pharisees gathered to him, with some of the scribes who had come from Jerusalem, 2 they saw that some of his disciples ate with hands that

were defiled, that is, unwashed. 3 For the Pharisees and all the Jews do not eat unless they wash their hands, holding to the tradition of the elders, 4 and when they come from the marketplace, they do not eat unless they wash. And there are many other traditions that they observe, such as the washing of cups and pots and copper vessels and dining couches. 5 And the Pharisees and the scribes asked him, “Why do your disciples not walk according to the tradition of the elders, but eat with defiled hands?” 6 And he said to them, “Well did Isaiah prophesy of you hypocrites, as it is written, “‘This people honors me with their lips, but their heart is far from me; 7 in vain do they worship me, teaching as doctrines the commandments of men.’ 8 You leave the commandment of God and hold to the tradition of men.” 21 For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, 22 coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. 23 All these evil things come from within, and they defile a person.”

Psalm 119:129-136

Redeem Me From Man’s Oppression That I May Keep Your Precepts - 129 Your testimonies are wonderful; therefore my soul keeps them. 130 The unfolding of your words gives light; it imparts understanding to the simple. 131 I open my mouth and pant, because I long for your commandments. 132 Turn to me and be gracious to me, as is your way with those who love your name. 133 Keep steady my steps according to your promise, and let no iniquity get dominion over me. 134 Redeem me from man's oppression, that I may keep your precepts. 135 Make your face shine upon your servant, and teach me your statutes. 136 My eyes shed streams of tears, because people do not keep your law.

Worship Folder Theme

Be Strong in the Lord

Hymns

1. Praise to the Lord, the Almighty
2. Just As I Am
3. We Praise You, Oh God
4. Doxology